



Sports cafe

The sports cafe is open Monday to Friday 9am-4pm, and Saturdays 9am-2pm, offering a selection of:

- Barista coffees and hot drinks
- Freshly baked pastries and cakes
- Our new 'Grab & go' offer including sandwiches, baguettes, wraps & salads which are made fresh every morning in our kitchen
- Cheese-topped toasties heated to order
- Cold drinks and snacks, including protein bars and shakes

There are vending machines in the sports centre available out of cafe opening hours